WHAT IS DIETETICS?

• Dietetics is a profession that uses knowledge about food and nutrition to help prevent and treat disease.

• Dieticians provide advice to ensure the nutritional care of clients in hospitals.

• They also plan and implement programs to promote health and prevent nutrition related diseases.
- Is the first step toward a professional credential.
- First of its kind in Ghana
- Programme has churned out 90% of dieticians in various hospitals Ghana.
- Excellent structure - practical, **hands-on** experience while still studying.
- Small classes, individual attention
Subjects include:

- Foodservice systems
- Food & nutrition sciences
- Food analysis
- Anatomy
- Biochemistry

- Physiology
- Microbiology
- Chemistry
- Pharmacology
- Communication
- Psychology
- Social sciences
SAMPLE PREPARATION AND PROCESSING
SAMPLE ANALYSIS

Soxhlet fat extractor
BODY FAT COMPOSITION MEASUREMENT
NUTRITION ASSESSMENT
UG INNOVATION – PUBLIC HEALTH EDUCATION

[Image of a room with students sitting or standing, engaged in an activity.]

[Image of a group of people outside, possibly in a workshop or discussion.]
UG INNOVATIONS – MEDIA TRAINING

[Two images of individuals working at a radio station, with one person writing notes and the other wearing headphones.]
**WHAT CAN ONE DO WITH DIETETICS?**

- One of world’s fastest-growing professions.
  - Clinical nutrition practice
  - Public health nutrition
  - Food service management
  - Food industry
  - Media/wellness
- Government
- Education
- Sports nutrition
- Research
- Private practice
WHO CAN BE A DIETICIAN?

• If you have an interest in the field of nutrition, passionate about food and health, enjoy communicating with others about food then this profession is for you.

• The programme also prepares students for graduate study in a variety of fields including MSc and PhD Dietetics.
Thank You For Listening